

# Behavior Analysts Reducing Systemic Racism

June, 2020

---

**Purpose:** The purpose of this document is two fold:

1. To share resources to help understand the systemic racism issues in our world today.
2. To provide actionable resources for people that would like to do something to help address the systemic racism.

**Important Distinction:** Individual Racism vs. Systemic Racism [\(definition link\)](#)

Many people are not individually racist. However, they may be part of the continued system of racism that exists in many avenues today. This document is focused on both understanding and reducing systemic racism (i.e., institutional racism).

**Resources:**

The resources are organized by categories. Books, journals, videos, movies, documentaries, podcasts, Twitter feeds, Instagram accounts, Facebook accounts, organizations to support (financially or with other behaviors, etc).

**Authors:**

A good number of creators have come together to share resources to address this issue. We are all behavior analysts. Many of us are BCBAs. Some of us are faculty at various universities. We are all committed to the cause of making changes in our own behaviors to address systemic racism in our world.

**Expectation:**

We expect that you will do several things with this document. First, read the document. Second, watch, read, follow, like, share the resources (and this document) on your various social media feeds, both personal and business (if allowed). Third, contribute to this list by contacting one of the authors that you got it from. Fourth, engage in any action that you are able to (both legally and ethically) to reduce systemic racism.

**Disclaimer:**

We do not take responsibility for any content in the resources provided. We did our best to vet the information and resources linked for accuracy, truthfulness, legality, and ethics. However, we cannot be 100% confident that the resources are without flaw.

# Behavior Analysts Reducing Systemic Racism

June, 2020

## Resources for Learning

Resource	Additional Info
<b>Apps</b>	
Lessons in History	Lessons on the civil rights movement and MORE!
The Safe Place	Mental health app for minorities geared toward the black community to increase awareness and education.
We Read Too	“Helps people of color explore professional opportunities, connect with mentors, and discover career placement opportunities and internships.”
<b>Articles</b>	
<a href="https://link.springer.com/article/10.1007/s40617-020-00411-">https://link.springer.com/article/10.1007/s40617-020-00411-</a>	Can Behavior Analysis Help Us Understand and Reduce Racism? A review of the Current Literature (Matsuda, Garcia, Catagnus, Brandt, 2020)
<a href="https://www.revealnews.org/article/bound-by-statute-juvenile-justice-courts-charged-crimes-mississippi/">https://www.revealnews.org/article/bound-by-statute-juvenile-justice-courts-charged-crimes-mississippi/</a>	Bound By Statue. The Reveal - The actions of police, prosecutors and judges in Mississippi ultimately end the childhood of black kids far more often – and with far greater severity.
<a href="https://whro.org/kids-family/4-connecting-your-kids-with-black-history">https://whro.org/kids-family/4-connecting-your-kids-with-black-history</a>	Resource to explain and educate children on black history month
<a href="https://www.npr.org/2019/04/24/716700866/talking-race-with-young-children">https://www.npr.org/2019/04/24/716700866/talking-race-with-young-children</a>	Talking race with young children
<b>Books</b>	



# Behavior Analysts Reducing Systemic Racism

June, 2020

---

Algorithms of Oppression: How Search Engines Reinforce Racism by Safiya Umoja Noble	A revealing look at how negative biases against women of color are embedded in search engine results and algorithms
An African American and Latinx History of the United States by Paul Ortiz	Spanning more than two hundred years, An African American and Latinx History of the United States is a revolutionary, politically charged narrative history, arguing that the “Global South” was crucial to the development of America as we know it. Scholar and activist Paul Ortiz challenges the notion of westward progress as exalted by widely taught formulations like “manifest destiny” and “Jacksonian democracy,” and shows how placing African American, Latinx, and Indigenous voices unapologetically front and center transforms US history into one of the working class organizing against imperialism.
The Assassination of Fred Hampton: How the FBI and Chicago Police Murdered a Black Panther by Jeffrey Haas	On December 4, 1969, attorney Jeff Haas was in a police lockup in Chicago, interviewing Fred Hampton’s fiancée. She described how the police pulled her from the room as Fred lay unconscious on their bed. She heard one officer say, “He’s still alive.” She then heard two shots. A second officer said, “He’s good and dead now.” She looked at Jeff and asked, “What can you do?”
The Autobiography of Malcolm X	The Autobiography of Malcolm X is a spiritual conversation narrative that outlines Malcolm X's philosophy of



# Behavior Analysts Reducing Systemic Racism

June, 2020

---

	black pride, black nationalism, and pan-Africanism. After he was killed, the co-author (Alex Haley) wrote the book's epilogue and described their collaborative process and the events at the end of Malcolm X's life.
Between the World and Me by Ta-Nehisi Coates	In a profound work that pivots from the biggest questions about American history and ideals to the most intimate concerns of a father for his son, Ta-Nehisi Coates offers a powerful new framework for understanding our nation's history and current crisis.
Born A Crime: Stories From A South African Childhood by Trevor Noah.	Listed as #1 on the New York Times Bestseller list, this is a compelling, inspiring, and comically sublime story of one man's coming-of-age, set during the twilight of apartheid and the tumultuous days of freedom that followed. Trevor Noah is currently the host of The Daily Show and often addresses racial inequality in America.
This Bridge Called My Back: Writings By Radical Women of Color	The book centers on the experiences of women of color and emphasizes the points of what is now called intersectionality within their multiple identities, challenging white feminists who made claims to solidarity based on sisterhood.
The Color of Compromise	An acclaimed, timely narrative of how people of faith have historically--up to the present day--worked against racial justice.



# Behavior Analysts Reducing Systemic Racism

June, 2020

---

	And a call for urgent action by all Christians today in response.
The Color of Success: Asian Americans of the Model Minority by Ellen D. Wu	The Color of Success tells of the astonishing transformation of Asians in the United States from the "yellow peril" to "model minorities"--peoples distinct from the white majority but lauded as well-assimilated, upwardly mobile, and exemplars of traditional family values--in the middle decades of the twentieth century.
Eloquent Rage: A Black Feminist Discovers Her Superpower by Brittany Cooper	So what if it's true that Black women are mad as hell? They have the right to be. In the Black feminist tradition of Audre Lorde, Brittney Cooper reminds us that anger is a powerful source of energy that can give us the strength to keep on fighting.
Ghosts in the Schoolyard by Eve L. Ewing	<p>"Failing schools. Underprivileged schools. Just plain bad schools."</p> <p>That's how Eve L. Ewing opens Ghosts in the Schoolyard: describing Chicago Public Schools from the outside. The way politicians and pundits and parents of kids who attend other schools talk about them, with a mix of pity and contempt.</p>
The Hidden Rules of Race: Barriers to an Inclusive Economy by Andrea Flynn, Susuan R. Holmberg, Dorian T Warren, & Felicia J. Wong	Why do black families own less than white families? Why does school segregation persist decades after Brown v. Board of Education? Why is it harder for black adults to vote than for white adults? Will addressing economic inequality solve racial and



# Behavior Analysts Reducing Systemic Racism

June, 2020

---

	gender inequality as well?
Lies My Teacher Told Me: Everything Your American History Textbook Got Wrong by James W. Loewen	What started out as a survey of the twelve leading American history textbooks has ended up being what the San Francisco Chronicle calls “an extremely convincing plea for truth in education.” In Lies My Teacher Told Me, James W. Loewen brings history alive in all its complexity and ambiguity.
Momma Did You Hear the News? by Sanya Whittaker Gragg	For white parents of black children. Little Avery becomes concerned after seeing another police shooting of an unarmed man. His parents decide it is time to have "The Talk". They teach him and his brother a catchy chant to help remember what to do if approached by an officer, while also emphasizing that all policemen are not bad.
Not My Idea by Anastasia Higginbotham	For white parents to talk to their kids about race. In her brilliant square picture book “Not My Idea”, Anastasia Higginbotham skilfully argues and explains in a child-friendly way, why 'Racism is a white person's problem and we are all caught up in it – mostly by refusing to look at it.
Pedagogy of the Oppressed	A must read for any educator
The Power of Now by Eckhart Tolle	The Power of Now: A Guide to Spiritual Enlightenment is a book by Eckhart Tolle. The book is intended to be a guide for day-to-day living and stresses the importance of living in

# Behavior Analysts Reducing Systemic Racism

June, 2020

---

	the present moment and transcending thoughts of the past or future.
Slavery by Another Name	In this groundbreaking historical expose, Douglas A. Blackmon brings to light one of the most shameful chapters in American history—an “Age of Neoslavery” that thrived from the aftermath of the Civil War through the dawn of World War II.
So You Want to Talk About Race by Ijeoma Oluo	In So You Want to Talk About Race, Ijeoma Oluo guides readers of all races through subjects ranging from intersectionality and affirmative action to "model minorities" in an attempt to make the seemingly impossible possible: honest conversations about race and racism, and how they infect almost every aspect of American life.
The Surrender Experiment by Michael A. Singer	Singer tells his story of his deep spiritual awakening in his twenties and how he decided to no longer let his personal fears and desires dictate his life. surrender to life's events and go with the flow
Systemic Racism: A Theory of Oppression by Joe R. Feagin	Feagin dives into the social worlds that have been created by racial oppression over decades and focuses his analysis of white-on-black oppression.
Teaching Community: A Pedagogy of Hope by Bell Hooks	In Teaching Community Bell Hooks seeks to theorize from the place of the positive, looking at what works.



# Behavior Analysts Reducing Systemic Racism

June, 2020

---

	Writing about struggles to end racism and white supremacy, she makes the useful point that "No one is born a racist. Everyone makes a choice." Teaching Community tells us how we can choose to end racism and create a beloved community.
What Does It Mean to be White by Robin DiAngelo	What does it mean to be white in a society that proclaims race meaningless yet is deeply divided by race? In the face of pervasive racial inequality and segregation, most whites cannot answer that question.
When Things Fall Apart by Pema Chödrön	Here, in her most beloved and acclaimed work, Pema Draws from traditional Buddhist wisdom offering life-changing tools for transforming suffering and negative patterns into habitual ease and boundless joy.
When They Call You a Terrorist by Asha Bandele and Patrisse Khan-Cullors	Following the acquittal of George Zimmerman in the fatal shooting of Trayvon Martin, three women – Alicia Garza, Opal Tometi, and Patrisse Khan-Cullors – came together to form an active response to the systemic racism causing the deaths of so many African-Americans.
White Fragility	A must read for anyone.
Why Are All the Black Kids Sitting Together in the Cafeteria?: And Other Conversations by Beverly Daniel Tatum	Walk into any racially mixed high school and you will see Black, White, and Latino youth clustered in their own groups. Is this self-segregation a problem to address or a coping strategy? Beverly Daniel Tatum, a renowned authority on the

# Behavior Analysts Reducing Systemic Racism

June, 2020

	<p>psychology of racism, argues that straight talk about our racial identities is essential if we are serious about enabling communication across racial and ethnic divides. These topics have only become more urgent as the national conversation about race is increasingly acrimonious. This fully revised edition is essential reading for anyone seeking to understand the dynamics of race in America.</p>
<p>Who Do You Serve? Who Do you Protect</p> <p>FREE DOWNLOAD from Haymarket Books <a href="https://www.haymarketbooks.org/books/952-who-do-you-serve-who-do-you-protect#:~:text=%22Who%20Do%20You%20Serve%2C%20Who%20Do%20You%20Protect%3F%20is,and%20policing%20in%20our%20society.">https://www.haymarketbooks.org/books/952-who-do-you-serve-who-do-you-protect#:~:text=%22Who%20Do%20You%20Serve%2C%20Who%20Do%20You%20Protect%3F%20is,and%20policing%20in%20our%20society.</a></p>	<p>A collection of reports and essays. Explores police violence against black, brown, indigenous and other marginalized communities, miscarriages of justice, and failures of token accountability and reform measures. It also makes a compelling and provocative argument against calling the police.</p>
<b>Children's Books</b>	
<p>A is for Activist by Innosanto Nagara</p>	<p>A is for Activist is an ABC board book written and illustrated for the next generation of progressives: families who want their kids to grow up in a space that is unapologetic about activism, environmental justice, civil rights, LGBTQ rights, and everything else that activists believe in and fight for.</p> <p>YouTube read aloud available</p>
<p>An ABCs of Equality by Chana Ginelle Ewing</p>	<p>A is for Ability, B is for Belief, C is for Class. All people have the right to be treated fairly, no matter who they</p>



# Behavior Analysts Reducing Systemic Racism

June, 2020

	<p>are, what they look like, or where they come from. An ABC of Equality introduces complicated concepts surrounding social justice to the youngest of children.</p> <p>YouTube read aloud available</p>
Antiracist Baby by Ibram X. Kendi	Comes out June 16, 2020
Something Happened in our Town: A Child's Story about Racial Injustice by Marianne Celano	<p>Something Happened in Our Town follows two families — one White, one Black — as they discuss a police shooting of a Black man in their community. The story aims to answer children's questions about such traumatic events, and to help children identify and counter racial injustice in their own lives.</p> <p>YouTube read aloud available</p>
<b>Documentaries/Docuseries'</b>	
<p><b>13th</b></p> <p><a href="https://www.netflix.com/search?q=thirteen&amp;jbv=80091741&amp;jbp=0&amp;jbr=0">https://www.netflix.com/search?q=thirteen&amp;jbv=80091741&amp;jbp=0&amp;jbr=0</a></p>	<p>This documentary is part of the Black Lives Matter Collection on Netflix. It is a thought-provoking documentary, in which scholars, activists and politicians analyze the criminalization of African Americans and the U.S. prison boom.</p>
<p><a href="https://www.netflix.com/title/80216752">https://www.netflix.com/title/80216752</a></p>	<p>Explained: The Racial Wealth Gap. Helps understand the concept of 'white privilege'.</p>
<p><a href="https://www.netflix.com/title/80187052">https://www.netflix.com/title/80187052</a></p>	<p>Time: The Kalief Browder Story. Story of a teenager wrongfully charged with theft. Was later jailed</p>



# Behavior Analysts Reducing Systemic Racism

June, 2020

	at Rikers Island prison for over 1,000 days.
<b>United We Stand: The Muhammad Ali Summit</b> <a href="https://www.youtube.com/watch?v=VIGqdOJ2cuc">https://www.youtube.com/watch?v=VIGqdOJ2cuc</a>	Muhammad Ali sparked a summit of athletes that fought for justice and civil rights in 1967. The legacy of those athletes lives on as Colin Kaepernick, LeBron James, and today's generation stand up and demand equal rights through protests, demonstrations, and solidarity.
<b>When They See Us</b> <a href="https://www.netflix.com/watch/80200643?trackId=13752289&amp;tctx=0%2C0%2C6202094233e01e371d91f9f3d556d14764a2c0fe%3A708da80b645ee443986d5fa51bbef22209af1e4c%2C%2C%2C">https://www.netflix.com/watch/80200643?trackId=13752289&amp;tctx=0%2C0%2C6202094233e01e371d91f9f3d556d14764a2c0fe%3A708da80b645ee443986d5fa51bbef22209af1e4c%2C%2C%2C</a>	This documentary is presented as a series on Netflix. It is based on a true story of five boys, who in the spring of 1989 were arrested, interrogated and coerced into confessing to the vicious attack of a woman in Central Park.
<b>Who Killed Malcolm X?</b> <a href="https://www.netflix.com/search?q=who%20killed%20malcolm&amp;jbv=80217478&amp;jbp=0&amp;jbr=0">https://www.netflix.com/search?q=who%20killed%20malcolm&amp;jbv=80217478&amp;jbp=0&amp;jbr=0</a>	Decades after the assassination of Malcolm X, an activist embarks on a complex mission seeking truth in the name of justice.
<b>Black Panthers: Vanguard of the Revolution</b> <a href="https://www.amazon.com/Black-Panthers-Revolution-Stanley-Nelson/dp/B01A1H23E2/ref=sr_1_1?dchild=1&amp;keywords=black+panthers&amp;qid=1592068365&amp;sr=8-1">https://www.amazon.com/Black-Panthers-Revolution-Stanley-Nelson/dp/B01A1H23E2/ref=sr_1_1?dchild=1&amp;keywords=black+panthers&amp;qid=1592068365&amp;sr=8-1</a>	Revisit the turbulent 1960's, when a new revolutionary culture emerged with the Black Panther Party at the vanguard. Stanley Nelson tells the vibrant story of a pivotal movement that feels timely all over again.
<b>The Trials of Muhammad Ali</b> <a href="https://www.amazon.com/Trials-Muhammad-Ali/dp/B00HZ7EYYO/ref=sr_1_1?dchild=1&amp;keywords=the+trials+of+muhammad+ali&amp;qid=1592068106&amp;sr=8-1">https://www.amazon.com/Trials-Muhammad-Ali/dp/B00HZ7EYYO/ref=sr_1_1?dchild=1&amp;keywords=the+trials+of+muhammad+ali&amp;qid=1592068106&amp;sr=8-1</a>	No conventional sports documentary, THE TRIALS OF MUHAMMAD ALI examines how one of the most celebrated sports champions of the 20th century risked his fame and fortune to follow his faith and conscience. Outspoken and



# Behavior Analysts Reducing Systemic Racism

June, 2020

---

	passionate in his beliefs, Ali found himself in the center of America's controversies over race, religion, and war.
<b>Google Drive</b>	
<a href="https://docs.google.com/document/d/1d2uk0kINCneVcSThtTybYJvpsrPJKlfUqw5dwpC7-H0/edit">https://docs.google.com/document/d/1d2uk0kINCneVcSThtTybYJvpsrPJKlfUqw5dwpC7-H0/edit</a>	This list was created in response to a wave of support to the Blacklivesmatters movement following the murder of George Floyd. To avoid perpetuating "performative activism", we hope to offer a tool for those who wish to take action in one way or another. Systemic racism does exist in Montreal and in Quebec, therefore this list is an attempt at sharing Montreal and Quebec centric resources
<a href="https://docs.google.com/document/d/1hpub-jkm9cLzjWqZSsETqbE6tZ13Q0UbQz--vQ2avEc/edit?usp=drivesdk">https://docs.google.com/document/d/1hpub-jkm9cLzjWqZSsETqbE6tZ13Q0UbQz--vQ2avEc/edit?usp=drivesdk</a>	This is just a resource, not a map leading to a destination, but help along the way, a strong start. The tendency to try and get through this list in its entirety and feel accomplished or to get overwhelmed by the ever growing list are real reactions we should leave behind. Again, this IS LIFE-LONG WORK that we choose to enter into, a journey for an anti-racist traveler that will take a lifetime.
<a href="https://drive.google.com/drive/folders/1LGslwJwhXvpVnDgw0uC-n794l6EGzpuH">https://drive.google.com/drive/folders/1LGslwJwhXvpVnDgw0uC-n794l6EGzpuH</a>	School resources.
<b>Podcasts</b>	



# Behavior Analysts Reducing Systemic Racism

June, 2020

---

<a href="https://behavioralobservations.com/listening-to-perspectives-that-matter-session-120/">https://behavioralobservations.com/listening-to-perspectives-that-matter-session-120/</a>	Listening to Perspectives That Matter (Session 120).
<a href="https://crooked.com/podcast-series/pod-save-the-people/">https://crooked.com/podcast-series/pod-save-the-people/</a>	On Pod Save the People, organizer and activist DeRay Mckesson explores news, culture, social justice, and politics with fellow activists Brittany Packnett Cunningham and Sam Sinyangwe, and writer Dr. Clint Smith. They offer a unique take on the news, with a special focus on overlooked stories and topics that often impact people of color.
<a href="https://firstnamebasis.libsyn.com/">https://firstnamebasis.libsyn.com/</a>	As parents, we all want to teach our kids to be inclusive, but how? Join Jasmine Bradshaw each week as she gives you the tools and practical strategies that you need to talk to your children about race, religion, and culture.
<a href="https://www.npr.org/sections/codeswitch/">https://www.npr.org/sections/codeswitch/</a>	“We're a multi-racial, multi-generational team of journalists fascinated by the overlapping themes of race, ethnicity and culture, how they play out in our lives and communities, and how all of this is shifting.”
<a href="https://www.revealnews.org/episodes/the-lynching-of-thomas-finch/">https://www.revealnews.org/episodes/the-lynching-of-thomas-finch/</a>	The Lynching of Thomas Finch. In 1936, an African American man named Thomas Finch was shot and killed by an Atlanta police officer who later became leader of the Ku Klux Klan.
<a href="https://www.revealnews.org/episodes/the-red-line-racial-disparities-in-lending/">https://www.revealnews.org/episodes/the-red-line-racial-disparities-in-lending/</a>	Racial Disparities in Lending. This is raw data of racism (31 million



# Behavior Analysts Reducing Systemic Racism

June, 2020

	records analyzed using standard techniques).
<a href="https://podcasts.apple.com/us/podcast/bren%C3%A9-austin-channing-brown-on-im-still-here-black/id1494350511?i=1000477381573">https://podcasts.apple.com/us/podcast/bren%C3%A9-austin-channing-brown-on-im-still-here-black/id1494350511?i=1000477381573</a>	Brene Brown - “Unlocking Us”. Austin Channing Brown’s anti-racism work is critical to changing our world, and her ability to talk about what is good and true about love, about our faith, and about loving each other is transformative. She is a writer, a speaker, and a media producer providing inspired leadership on racial justice in America. In this episode, we connect on her book I’m Still Here: Black Dignity in a World Made for Whiteness, and talk about her online television show, The Next Question.
<a href="https://podcasts.apple.com/us/podcast/bren%C3%A9-with-ibram-x-kendi-on-how-to-be-an-antiracist/id1494350511?i=1000476611079">https://podcasts.apple.com/us/podcast/bren%C3%A9-with-ibram-x-kendi-on-how-to-be-an-antiracist/id1494350511?i=1000476611079</a>	Brene Brown - “Unlocking Us”. I’m talking with professor Ibram Kendi, New York Times bestselling author of How to Be an Antiracist and the Director of the Antiracist Research and Policy Center at American University. We talk about racial disparities, policy, and equality, but we really focus on How to Be an Antiracist, which is a groundbreaking approach to understanding uprooting racism and inequality in our society and in ourselves.
<b>Social Media Accounts</b>	
@bcba_ness	Instagram. BCBA who often addresses racial issues.



# Behavior Analysts Reducing Systemic Racism

June, 2020

---

@beautifulhumanschange	Instagram account. Addresses systematic oppression by bridging the gap between behavior analysis and social justice.
@brownsistersspeak	Instagram account. Mental wellness, peer support, and empowerment.
@ckyourprivilege	Instagram account.
@ohhappydani	Instagram account. Great illustrations.
Behavior Analysts for Social Change	Facebook group
<b>Visuals</b>	
<a href="https://www.revealnews.org/wp-content/uploads/2018/02/redlining-comic-10.png">https://www.revealnews.org/wp-content/uploads/2018/02/redlining-comic-10.png</a>	Reveal's analysis of mortgage data found evidence of modern-day redlining in 61 metro areas across the country (united states).
<b>Websites</b>	
<a href="https://www.antiracismproject.org/">https://www.antiracismproject.org/</a>	"The Project offers participants ways to examine the crucial and persistent issue of racism." Resources for education, advocacy, and teaching materials.
<a href="https://blacklivesmatteratschool.com/">https://blacklivesmatteratschool.com/</a>	Educational website with teaching materials, action items, and community resources created by a group advocating "for racial justice that is being organized by educators around the country."

# Behavior Analysts Reducing Systemic Racism

June, 2020

---

<a href="https://www.blackpast.org/african-american-history/speeches-african-american-history/1964-malcolm-x-s-speech-founding-rally-organization-afro-american-unity/">https://www.blackpast.org/african-american-history/speeches-african-american-history/1964-malcolm-x-s-speech-founding-rally-organization-afro-american-unity/</a>	(1964) Malcolm X's speech at the founding rally of the organization of Afro-American Unity.
<a href="https://www.cultofpedagogy.com/">https://www.cultofpedagogy.com/</a>	Educational resources.
<a href="https://www.moniquemelton.com/">https://www.moniquemelton.com/</a>	If you know you benefit from white privilege and you want to work to dismantle the system that gives you that privilege, then you are in the right place.
<a href="https://www.pbs.org/weta/washingtonweek/blog-post/5-martin-luther-king-jr-s-most-memorable-speeches">https://www.pbs.org/weta/washingtonweek/blog-post/5-martin-luther-king-jr-s-most-memorable-speeches</a>	5 of Martin Luther King's most memorable speeches. This includes talks on systemic racism in America.
<a href="https://www.racialequitytools.org/fundamentals/resource-lists/book-and-film-lists">https://www.racialequitytools.org/fundamentals/resource-lists/book-and-film-lists</a>	The lists of written resources (books, articles) and videos and films provided here come from a number of organizations. Please use them to learn more about racial equity concepts, issues and strategies. They include materials that can be accessed for free, plus materials to purchase. Please observe all copyright laws and restrictions indicated by the authors. As a matter of equity, please be sure to cite sources.
<a href="https://www.ted.com/playlists/250/talks_to_help_you_understand_r">https://www.ted.com/playlists/250/talks_to_help_you_understand_r</a>	Ted Talks to help you understand racism in America. From passionate pleas for reform to poetic turns of phrase, these talks take an honest look at everyday realities of Black Americans and illuminate the way forward.



# Behavior Analysts Reducing Systemic Racism

June, 2020

---

<a href="https://www.tolerance.org">https://www.tolerance.org</a>	Teaching Tolerance's mission is to help teachers and schools educate children and youth to be active participants in a diverse democracy. They provide free resources and materials for school curriculum that will help to create civil and inclusive school communities where children are respected, valued and welcome participants.
<b>Youtube Videos</b>	
Stand up Comedy Show	Latin History For Morons by John Liguizamo  *some profanity*
<a href="https://www.youtube.com/channel/UCz91T_KCkRDna8nI-4hfndw/videos">https://www.youtube.com/channel/UCz91T_KCkRDna8nI-4hfndw/videos</a>	Face of Darkness- Addresses Black Males and Depression.
<a href="https://www.youtube.com/watch?v=Vc6qXVBFdQE">https://www.youtube.com/watch?v=Vc6qXVBFdQE</a>	A dialogue on race and racism with Dr. Nasiah Cirincione-Ulezi. Hosted by Scott Herbst.



# Behavior Analysts Reducing Systemic Racism

June, 2020

## Take Action Now

Category	Link, Creator, etc.	Additional Info
Apps by Black Women	<a href="http://theculture.forharriet.com/2015/06/26-apps-created-by-black-women-you-have.html">http://theculture.forharriet.com/2015/06/26-apps-created-by-black-women-you-have.html</a>	26 Apps created by Black women.
Buy Books	<a href="https://www.townandcountrymag.com/leisure/arts-and-culture/g32782756/black-owned-bookstores/">https://www.townandcountrymag.com/leisure/arts-and-culture/g32782756/black-owned-bookstores/</a>  <a href="https://aalbc.com/bookstores/list.php">https://aalbc.com/bookstores/list.php</a>	Black owned bookstores: Support businesses owned by BIPOC. Here is a list of black owned bookstores.  (and more)... The Lit. Bar in NYC. Eso Won Bookstore in Los Angeles, Ca. Shades of Afrika Bookstore in Long Beach, Ca. Underground Books in Sacramento, Ca
Create a scholarship	<a href="https://www.goingmerry.com/blog/how-to-start-a-scholarship-fund/">https://www.goingmerry.com/blog/how-to-start-a-scholarship-fund/</a>	How about pool your resources with others and/or start a fundraising campaign to build a scholarship fund for students that meet criteria you set. It could be for \$500 for the best story, or \$300 toward books based on an essay of your most impactful text. Sky's the limit and it's easy to get folks together to have an impact.
Donation	<a href="https://blacklivesmatter.com/">https://blacklivesmatter.com/</a>	Donate to, volunteer for: Black Lives Matter  Organization seeking to "fight to end State-sanctioned violence, liberate Black people, and



# Behavior Analysts Reducing Systemic Racism

June, 2020

		<p>end white supremacy forever.”</p> <p>Primary method by which is to “defund” police departments - which is functionally a type of reform.</p>
Offer donations	Are you a business owner? Donate a portion of your proceeds to various black owned organizations or organizations focused on advancing BIPOC issues.	It’s easy to do and find. Just make a donation to a relevant non-profit. In ABA you could easily support BABA.
Policy/Political Action	<a href="https://en.wikipedia.org/wiki/Affirmative_action_in_the_United_States">https://en.wikipedia.org/wiki/Affirmative_action_in_the_United_States</a>	<p>Adopt, support, espouse, and practice AFFIRMATIVE ACTION in your workplace. Encourage your employer to do so as well.</p> <p>“Affirmative action in the United States is a set of laws, policies, guidelines, and administrative practices "intended to end and correct the effects of a specific form of discrimination"[1] that include government-mandated, government-approved and voluntary private programs.”</p>
Policy/Political Action	<p><a href="https://www.rollingstone.com/politics/politics-news/defund-the-police-1007254/">https://www.rollingstone.com/politics/politics-news/defund-the-police-1007254/</a></p> <p><a href="https://www.nytimes.com/2020/06/05/us/defund-police-floyd-protests.html">https://www.nytimes.com/2020/06/05/us/defund-police-floyd-protests.html</a></p> <p><a href="https://www.reuters.com/article/us-minne">https://www.reuters.com/article/us-minne</a></p>	<p>Support, espouse, contact senators and representatives on various</p> <p>“Defund the Police” movements, etc.</p>



# Behavior Analysts Reducing Systemic Racism

June, 2020

---

	<a href="https://www.aphis.gov/newsroom/press-releases/20200601-apolis-police-defunding-explaine/explain-er-us-protesters-call-to-defund-the-police-what-would-that-look-like-idUSKBN23C2I9">apolis-police-defunding-explaine/explain-er-us-protesters-call-to-defund-the-police-what-would-that-look-like-idUSKBN23C2I9</a>	Defunding the police is a method by which the BLM group seeks change. It does not mean to stop policing. Rather, refocus their energy and practices.
Political Campaign	<a href="https://www.thecrownact.com/">https://www.thecrownact.com/</a>	The CROWN Act ensures protection against discrimination based on hairstyles by extending statutory protection to hair texture and protective styles in the Fair Employment and Housing Act (FEHA) and state Education Codes.
Sign	<a href="https://act.colorofchange.org/sign/heroesactpetition-congress">https://act.colorofchange.org/sign/heroesactpetition-congress</a>	Petition to fund safe elections and protect black votes.
Support Black Businesses	<a href="https://officialblackwallstreet.com/directory/">https://officialblackwallstreet.com/directory/</a>	Find and support black owned businesses. A great resource to find many black owned businesses to support.
Support Mental Health Care for Minorities	<a href="https://www.adhoc.fm/post/black-lives-matter-resources-and-funds/">https://www.adhoc.fm/post/black-lives-matter-resources-and-funds/</a>	Support and donate to organizations providing free or low cost mental health resources for those in the black community that are in mourning and are grieving.

# Behavior Analysts Reducing Systemic Racism

June, 2020

A separate but related issue is self-care. Taking care of yourself is paramount to effecting change in your world. Here are some useful self-care resources.

Category	Link, Creator, etc.	Additional Info
	<a href="https://www.youtube.com/watch?v=RQ1sVPqwxgw">https://www.youtube.com/watch?v=RQ1sVPqwxgw</a>	Take Care of Yourself with Acceptance and Commitment Therapy (ACT) and ABA.
	<a href="https://www.youtube.com/watch?v=xl9dZUjESH4&amp;t=112s">https://www.youtube.com/watch?v=xl9dZUjESH4&amp;t=112s</a>	Take Care of Yourself with Acceptance and Commitment Therapy (ACT) and ABA.
	<a href="https://www.youtube.com/channel/UCqPYhcdFgrlUXiGmPRAej1w">https://www.youtube.com/channel/UCqPYhcdFgrlUXiGmPRAej1w</a>	Help with sleep.
	<a href="https://www.youtube.com/user/yogawithadriene">https://www.youtube.com/user/yogawithadriene</a>	Yoga.
	<a href="https://www.yogajournal.com/videos/meditation-for-inner-balance">https://www.yogajournal.com/videos/meditation-for-inner-balance</a>	Yoga/Meditation Journal.
	<a href="https://docs.google.com/forms/d/e/1FAIpQLSdddrfJ5paCOGUbozIMauiRQ78YNGANaj5JaeWJADC3F61Nsw/viewfor">https://docs.google.com/forms/d/e/1FAIpQLSdddrfJ5paCOGUbozIMauiRQ78YNGANaj5JaeWJADC3F61Nsw/viewfor</a>	Virtual yoga with Melody-Marcelle.
	@tenpercenthappier	Instagram Account. Mindfulness.
	<a href="https://beherenownetwork.com/">https://beherenownetwork.com/</a>	Mindfulness.
Calm		App for meditation.
Head Space		App. Take care of yourself!
Shine		Mindfulness for everyone, created by black developers.

